

Rules at Lundbybadet

The following information and rules are designed to make your visit safer and more fun.

You are welcome to contact our staff if you need any kind of assistance or have any questions.

RULES AT LUNDBYBADET

- All guests visit and use the facility under their own responsibility.
- Although there is always staff on duty in the swimming pool area, you are responsible for your own and other guests' safety at all times.
- Children must be kept under supervision at all times. As the adult you are responsible for minors in your group for the whole visit.
- Non-swimmers under the age of 18 must be accompanied by an adult (over 18) swimmer when they are in the water.
- The staff can eject from the facility anyone who does not follow the rules or behaves inappropriately. People who are ejected from the facility will not be refunded their entrance fee.
- Out of consideration to our other guests, taking pictures/video and playing devices which may disturb others is not allowed in the facility.
- Smoking is prohibited in the whole facility.

HYGIENE RULES

- We ask that you shower thoroughly and wash your hair before entering the pool or sauna. Remove any cosmetics.
- If you choose not to wash your hair, please wear a swim cap. Swim caps are available in the facility.
- Use appropriate swimming clothes/bikini. Certain lycra garments are also acceptable for swimming in. If in doubt, ask the staff before entering the pool.
- Wearing underwear under your swimming trunks is not permitted.
- Children in diapers must use swim diapers/plastic trunks.
- Saunas are taken in the nude. Use a towel to sit on.

OTHER INFORMATION

- All visitors to the facility must pay an entrance fee, including non-participants/supervisors. The fee is valid for one visit (if you leave the facility and return the same day you will be charged the entrance fee again).
- You must be at least 12 years old and be able to swim 200 metres if you wish to swim without adult supervision.
- To enter the Relax Centre you need to be 18 and pay a "Gold" entrance fee.
- You need a padlock for your locker. Bring your own or you can buy one in our reception. All lockers are emptied every evening.
- Strongboxes are available in the swimming facility (padlock) and in reception (SEK 10 coins).
- Please take off your shoes in the entrance hall when you enter our indoor facility. Use shoe covers if you wish to wear your shoes to your locker.
- You are responsible for your valuables/belongings.
- Walk with care. There are slippery surfaces in the whole facility.

GYM/GROUP TRAINING

- You must be at least 14 years old, or turn 14 that year, to take part in our group training activities.
- You must be at least 16 years old, or turn 16 that year, to train at the gym.
- Children are not allowed inside the gym out of consideration to our other visitors and your child's safety.
- Please bring your own gym towel.
- Please return the weights and wipe the machines after you have used them.

We are part of an antidoping campaign - 100% pure, hard training.

LUNDBYBADET



Mjölby Kommun